

reach
your
Goals



The Stand InBalance Team

An Experience Like No Other

Our cutting-edge experiential retreats use the unique abilities of horses and their natural herd dynamics to take leaders and teams to the next level.



At Stand InBalance we design exercises and experiences that apply established principles & models of organizational success to hands-on experience with horses.

NO HORSE EXPERIENCE NEEDED

All activities are done on the ground
- *there is no riding.*

For a consultation regarding your team,
please contact our clinical director:

Vallerie E. Coleman, Psy.D., Ph.D.
(PSY12592)

818.714.1740
drval@standinbalance.com

*Dr. Coleman, Founder and Clinical Director of Stand InBalance, is a clinical psychologist and psychoanalyst who has been in practice for over 20 years. She was a guest expert on the **Dr. Phil Show** and has been on faculty at Loyola Marymount University, Antioch University, and the Newport Psychoanalytic Institute.*

Stand InBalance
Equine Assisted Learning
Westlake Village / Thousand Oaks, CA

**Dr.
Phil**

JennKL.com Photography

To learn more about our services,
please visit us at:

www.StandInBalance.com

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Strengthen your team with
EQUINE ASSISTED
Team Building &
Leadership Retreats



A shortcut to CHANGE - one you'll
never see happen in a traditional
meeting setting!

Stand InBalance
EMPOWERING YOUR AUTHENTIC SELF